

Norland uniform guidance

The Norland uniform was introduced to distinguish Norland graduates as professionals within the household and is part of Norland's history and tradition. The uniform has adapted and changed over the years and is still worn while undergoing training at Norland. There is a formal uniform to be worn for lectures and events and a practical uniform to be worn for practical training and placements.

Whenever you are in uniform, you are representing Norland, and there are certain expectations in place in order to uphold the international reputation for which Norland is renowned. For the list of expectations, please visit norland.ac.uk/student-life

Formal uniform

The formal uniform consists of two options. For students unable to adhere to these options for personal, medical or religious reasons, please get in touch with the admissions team or your personal tutor to discuss adaptations that may be needed.

The **option 1 formal uniform** consists of a dress, a jacket (either style), a trench coat, a hat, gloves and an optional cardigan.

Hats and gloves should be worn at all times when outside, including travelling to and from campus in your formal uniform and at formal functions.

There is a distinction between winter and summer option 1 formal uniform through the changing of tights and glove colour:

Winter formal (from October half-term till the end of the second trimester): brown tights, brown gloves and coat. Trench coats should be buttoned and only worn with dark brown gloves and tights.

Summer formal (from the start of the third trimester to October half-term): 15-denier tights to suit the student's skin tone and white gloves. Trench coats and brown gloves may be worn in cold weather during the summer. Please note that only brown gloves may be worn with the trench coat.

The **option 2 formal uniform** consists of trousers (either style), a jacket (either style), a trench coat, a shirt, a tie and an optional cardigan. The option 2 formal uniform remains the same throughout the year.

Cardigan sleeves must not be pulled or rolled up and they must not be worn when working with babies.

Practical uniform

The practical uniform for all students consists of dark blue trousers, navy jumper or fleece and a light blue polo shirt. There is also a practical jacket that can be worn when outside. Socks should be dark and plain. The practical jacket is to be worn with the practical uniform only.

Further information

- Shoes or ankle boots must be smart, plain brown or dark tan, flat or very low heeled, leather or vegan equivalent. Lace-ups and slip-ons are both acceptable. Shoes must be in good condition, cleaned and polished regularly.
- Smart blue or black trainers with no additional colours are acceptable to wear with the practical uniform.
- Bags must be smart, brown or black with no obvious branding. We recommend the use of a backpack which will distribute the weight evenly as you carry your belongings. They will need to be big enough to carry your devices and any folders or books you need for the day and should have a secure zip.
- Blazer and coat jackets should always be buttoned when walking to and from campus.
- A name badge will be given to you at the start of term. This is to be worn on the left-hand side when in uniform. Exceptions are when attending your placement (unless requested otherwise), when working in a baby unit, when walking without a coat or fleece through Bath or when on public transport.
- White aprons are to be worn during Food and Nutrition practical sessions and washed and ironed after every use.
- Blue aprons should be worn as directed by the lecturer.
- Neck scarves may be worn in cold weather both on and outside of campus – they must be dark brown and plain and can be with or without tassels. They must be removed when working with children.
- Head coverings – for students choosing to wear a head covering, these should be dark brown, plain and worn under the hat.
- Hair colour should be natural or dyed a natural shade (brown, black, blonde, auburn). You will be asked to change it if it is deemed to not follow these guidelines.
- Jewellery – discreet medical alert jewellery is permitted but must be safe for children. Plain wedding bands and/or inset engagement rings may be worn on campus but must be removed when working with children. Any stones in the ring must be flush to the band. No other jewellery is permitted.
- Underwear – nude-coloured underwear must be worn under the shirt and dress.
- Piercings – only one pair of small plain stud earrings is to be worn in the earlobe. Visible body piercings are not acceptable.
- Watches – small-faced plain and smooth watches or fitness trackers may be worn on campus as long as the straps are plain brown or black. Watches may not be worn when working with children but may be kept in your pocket. Smart watches are not permitted to be worn during lectures or when working with children.
- Hair is to be cut or clipped/tied back off the collar in a bun and out of your eyes. Only dark brown hairbands, matching hair-coloured slides and bun nets are to be worn. The bun should be low and in-line with your ears, ensuring you have no wispy bits.
- Hats – ensure the 'N' is central to your forehead. Fringes must not cover eyes.
- Fingernails must be short, clean and without nail polish.
- If used, make-up is to be discreet.
- Facial or neck tattoos are not acceptable, nor is anything that might be intimidating or distressing to young children. Also not permitted are symbols that are racist, sexist or target any groups; hate speech; and images (or language) that might be deemed too graphic. Decisions regarding acceptability will be made on a case-by-case basis. For details of further restrictions, please visit: norland.ac.uk/student-life
- Every item of the uniform must be clearly labelled.
- Whenever uniform is worn, it must be clean, tidy, ironed and worn correctly.
- Any student who leaves Norland without successfully completing the three-year BA (Hons) and Norland diploma course is not entitled to wear their uniform at any time or to call themselves a Norlander.



Your at-a-glance guide to wearing the Norland uniform with pride

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NORLAND

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The **option 2 formal uniform** consists of trousers (either style), a jacket (either style), a trench coat, a shirt, a tie and an optional cardigan. The option 2 formal uniform remains the same throughout the year.



Hats should be worn at all times when outside. Ensure the 'N' is central to your forehead. Fringes must not cover eyes. The bun should be low and in-line with your ears, matching hair-coloured slides and bun nets are to be worn, ensuring you have no wispy bits.

Piercings – only **one** pair of small plain stud earrings to be worn in the earlobe. Visible body piercings are not acceptable.

Blazer and coat jackets should always be buttoned when walking to and from campus.

Jewellery – plain wedding bands and/or inset engagement rings may be worn on campus but must be removed when working with children. Any stones in the ring must be flush to the band. No other jewellery is permitted.

Bags must be smart, brown or black with no obvious branding and should have a secure zip.

Shoes or ankle boots must be smart, plain brown or dark tan, flat or with a very low heel. Lace-ups and slip-ons are both acceptable. Shoes must be in good condition, cleaned and polished.

Uniform should be clean, ironed and laundered.

